

FIRST-TIME BUYER/SELLER AGE HITS NEW HIGH...AGAIN.

In 2025, the median age of first-time homebuyers in America was 40 and the median age of home sellers was 64 – both historic highs. Buyers are delaying home buying due to affordability challenges. At the same time, homeowners are holding onto their homes longer due to significant equity gains.

= 2025 =

MEDIAN AGE FIRST-TIME
HOME BUYERS

40

MEDIAN AGE
HOME SELLERS

64

SOURCE

NATIONAL ASSOCIATION OF REALTORS®

