

SUPPLY EXPANDS. DEMAND HOLDS.

New rental supply expanded in the second quarter of 2026, even as new construction continued to trend downward. At the same time, more units were leased than vacated across Virginia, pointing to steady demand. Rental prices increased in five of nine regional markets.

Q2 2026 INDICATOR	YEAR-OVER-YEAR CHANGE
726,760 TOTAL INVENTORY	+1.8% % CHANGE
3,568 NET ABSORPTION	197 UNITS
6.7% VACANCY RATE	0.4% PCT POINT
\$1,805 AVG. EFFECTIVE RENT PER UNIT	+\$3 \$ PER UNIT
\$2.00 AVG. EFFECTIVE RENT PER SQ. FT	+\$0.01 \$ PER SQ. FT.
3,084 NEW SUPPLY DELIVERED	835 UNITS
23,853 UNDER CONSTRUCTION	-749 UNITS

SOURCE: VIRGINIA ASSOCIATION OF REALTORS®

